# Phase-sensitive Optical Time Domain Reflectometer Assisted by First-order Raman Amplification for Distributed Vibration Sensing Over >100 km

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Abstract—In this study, the authors present an experimental and theoretical description of the use of first order Raman amplification to improve the performance of a Phase-sensitive optical time domain reflectometer ( $\phi$ OTDR) when used for vibration measurements over very long distances. A special emphasis is given to the noise which is carefully characterized and minimized along the setup. A semiconductor optical amplifier and an optical switch are used to greatly decrease the intra-band coherent noise of the setup and balanced detection is used to minimize the effects of RIN transferred from the Raman pumps. The sensor was able to detect vibrations of up to 250 Hz (close to the limits set by the time of flight of light pulses) with a resolution of 10 m in a range of 125 km. To achieve the above performance, no post-processing was required in the  $\phi$ OTDR signal. The evolution of the  $\phi$ OTDR signal along the fiber is also shown to have a good agreement with the theoretical model.

*Index Terms*—Distributed sensor, Raman scattering, optical fiber sensors, phase-sensitive optical time domain reflectometry (OTDR), vibration sensor.

# I. INTRODUCTION

HE interest in fiber optic sensors has increased significantly over the last decade due to their intrinsic properties, such as immunity to electromagnetic noise, small size, geometric versatility, lightweight, relatively low cost, possibility of remote operation and multiplexing capability. In most systems, the fiber can be used as both the sensing element and the communication channel, which allows numerous convenient solutions

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using this type of technology. Distributed sensors represent a particular category of fiber optic sensors which allows for the monitoring of different physical parameters (strain, temperature, vibration, pressure, etc.) at any point along a fiber. Distributed sensors present clear advantages over conventional point sensors when the number of points to be monitored is large, due to their low cost per monitored point [1].

AMONG the distributed sensing techniques, phase-sensitive optical time domain reflectometry ( $\phi$ OTDR) is a powerful technique that allows the fully distributed monitoring of vibrations along an optical fiber cable. There is a wide literature on experimental realizations of  $\phi$ OTDR systems to detect vibrations [2]–[7]. Unlike traditional OTDR, which uses incoherent light and therefore can only measure intensity variations along the fiber, in  $\phi$ OTDR operation a pulse of highly coherent light is used. A  $\phi$ OTDR is therefore sensitive to the relative phases of the reflected fields coming from the different scattering centers around a certain position of the fiber.

Given its potential for distributed measurement of vibrations,  $\phi$ OTDR presents an attractive solution for intrusion monitoring over large perimeters and has therefore attracted considerable attention for more than twenty years [2]. Conventional  $\phi$ OTDR sensors allow the distributed measurement of vibrations over dynamic ranges of a few tens of kilometers [3], with spatial resolutions in the range of meters. In field tests,  $\phi$ OTDR systems have been demonstrated to have enough sensitivity to detect people walking on top of a buried fiber [4]. Distributed vibration measurements up to 40 kHz with a resolution of 5 m were also demonstrated in [5], which could be used in vibration-based structural damage identification or monitoring [8]. Temperature and strain measurements have also been demonstrated by analyzing the cross-correlation of  $\phi$ OTDR traces with different input wavelength pulses [6].

In  $\phi$ OTDR sensors, having the best possible range and resolution are generally intended features. Moreover, a good visibility and high signal-to-noise ratio (SNR) in the  $\phi$ OTDR trace are required in order to ensure reliable vibration measurements. If the coherence of the  $\phi$ OTDR pulse remains high along the fiber (with respect to the pulse width) then the visibility along the trace will remain high. As for the range, resolution and SNR, these are tightly related parameters. Generally, the increase of the input  $\phi$ OTDR pulse peak power will increase the dynamic range and SNR of a  $\phi$ OTDR, however this approach is limited due to the onset of nonlinear effects [7]. Optical amplification [9]

or signal post-processing [10] is therefore required in order to increase the sensing range.

Raman amplification has been used for more than two decades to increase the performance of optical communication systems [11]–[13] and since then, it has been widely described theoretically and experimentally in the literature for a number of long-distance applications [14]–[21]. In optical sensing, Raman amplification has been implemented as a very attractive solution to increase the sensing range of distributed [15], [16] and point [17] fiber sensors. By exploiting the virtual transparency created by second-order Raman pumping in optical fibers [18], a new method to extend the range of Brillouin optical time domain analysis (BOTDA) systems was also proposed and demonstrated [19]. One of the main concerns of the use of this technique is the noise introduced by the Raman pumps, mainly due to relative intensity noise (RIN) transfer from the Raman pumps to the signal [20], [21].

In  $\phi$ OTDR operation, Raman amplification can be used to maintain the  $\phi$ OTDR pulse power high along the whole fiber length, thus extending the sensing range. However, to our knowledge, the use of Raman amplification to assist  $\phi$ OTDR operation is not well documented. Some encouraging previous efforts have been reported to use first order Raman amplification in order to measure  $\phi$ OTDR traces of up to 74 km [9]. In this case however, the performance as vibration sensor was not clearly established, as no vibration measurement was performed and no in-depth study of signal noise was developed.

Along with this study, we present a theoretical and experimental description of the use of first order Raman amplification to improve the performance of a  $\phi$ OTDR when used for vibration measurements. The evolution of the  $\phi$ OTDR signal along the fiber is recorded for different Raman pump powers showing a good agreement with the theoretical model. The main novelty in this setup comes from the use of Raman amplification combined with the noise reduction provided by the use of balanced detection. In addition, a semiconductor optical amplifier (SOA) and an optical switch are used to gate the  $\phi$ OTDR pulses, achieving a strong reduction of the coherent in-band noise [5]. Special care is taken to ensure high extinction ratio (ER)  $\phi$ OTDR pulses. The use of balanced detection is demonstrated to minimize the effects of the RIN transfer from the Raman pumps to the detected signal, leading to a reliable detection of vibrations up to 100 km. Vibration measurements are successfully demonstrated with frequency sampling values close to the limits set by the time of flight of light pulses. In particular, the sensor was able to detect vibrations of up to 250/300 Hz in a distance of 125/110 km with a resolution of 10 m. The complexity of the scheme is also kept to a minimum as no post-processing, extremely high coherence lasers or coherent detection methods are required.

# II. THEORETICAL MODEL

In this section, we provide a mathematical model for the evolution of the Raman-assisted  $\phi$ OTDR trace along the distance. This model just reflects the "average" behavior of the trace evolution, and not the statistical fluctuations expectable in any

 $\phi$ OTDR. For a detailed statistical analysis of these fluctuations, the interested reader is invited to read reference [5].

For the theoretical model, we assume that two similar continuous-wave (CW) Raman pumps (at 1455 nm) are launched in both ends of the fiber, providing Raman gain  $(g_R)$  at the wavelength of the  $\phi$ OTDR pulse (1550 nm). The  $\phi$ OTDR pulse is shaped from highly coherent light and its wavelength is located near the peak Raman gain of the fiber. In our analysis, the pulse is delivered at z=0 into the fiber and propagates in the forward direction (towards increasing values of z). As it goes thought the fiber, the Rayleigh backscattered light from the  $\phi$ OTDR pulse will create a  $\phi$ OTDR signal (at the same wavelength), which propagates backward until the input end of the fiber, where it is detected. The fiber is supposed to present constant losses at the wavelength of the Raman pump  $(\alpha_R)$  and also at the  $\phi$ OTDR pulse wavelength  $(\alpha_P)$ .

In normal operation of our Raman-assisted  $\phi$ OTDR, the pulse peak power is about two orders of magnitude below the power of the Raman pumps. Therefore, depletion effects are neglected [16]. For the purpose of knowing the signal evolution along the fiber, our model also neglects amplified spontaneous emission (ASE) created by the Raman pumps and Double Rayleigh Backscatter. With the above assumptions, the evolution of the forward (+) and backward (-) propagating Raman pump powers along the optical fiber can be obtained by solving the equations [16]:

$$\frac{dP_R^{\pm}(z)}{dz} = \mp \alpha_R P_R^{\pm}(z) \tag{1}$$

As for the evolution of the  $\phi$ OTDR pulse power, it can be obtained solving the equation:

$$\frac{dP_P(z)}{dz} = -\alpha_P P_P(z) + g_R P_P(z) [P_R^+(z) + P_R^-(z)]. \quad (2)$$

Considering the boundary conditions given by the optical powers launched into the fiber  $(P_R^+(0))$  and  $P_R^-(L)$  are the forward (+) and backward (-) input Raman pump powers and  $P_P(0)$  is the  $\phi$ OTDR input peak pulse power) the evolution of the Raman pump powers and the  $\phi$ OTDR pulse power along the optical fiber will be given by [16]:

$$P_R^+(z) = P_R^+(0) \cdot e^{-\alpha_R \cdot z}$$
 (3)

$$P_R^-(z) = P_R^-(L) \cdot e^{\alpha_R \cdot (z-L)} \tag{4}$$

$$P_{P}(z) = P_{P}(0) \cdot e^{-\alpha_{P} \cdot z}$$

$$\times \exp\left\{\frac{g_{R}}{\alpha_{R}} P_{R}^{-}(L) \cdot \left[e^{\alpha_{R} \cdot (z-L)} - e^{-\alpha_{R} \cdot L}\right] - \frac{g_{R}}{\alpha_{R}} P_{R}^{+}(0) \cdot \left[e^{-\alpha_{R} \cdot z} - 1\right]\right\}. \tag{5}$$

When the  $\phi$ OTDR pulse goes through a given point  $z_0$ , the power of the  $\phi$ OTDR signal reflected at that point  $(P_S^{z_{-0}}(z_0))$ , will be given by:

$$P_S^{z_0}(z_0) = \alpha_{\text{RayleighBackscatter}} \cdot P_P(z_0) \tag{6}$$

where  $\alpha_{\rm RayleighBackscatter}$  is the Rayleigh backscatter coefficient. Please note that in this case a fully incoherent treatment is given to the scattered power  $P_{\rm S}$ . This considerably simplifies the

TABLE I Values of the Parameters Used in the Theoretical Modeling

Symbol	Parameter	Value	Units
$P_R^+$ , $P_R^-$	Forward (+) and backward (-) input Raman pump power	600	mW
$\alpha_R$	Fiber loss at the wavelength of the Raman pump (1455 nm)	0.0553	km <sup>-1</sup>
$g_R$	Raman gain at the wavelength of the $\phi$ OTDR pump	0.3	W <sup>-1</sup> km <sup>-1</sup>
$P_P$	$\phi$ OTDR input pump peak power	10	mW
$lpha_P$	Fiber loss at the wavelength of the $\phi$ OTDR pump (1550 nm)	0.047	km <sup>-1</sup>
ARayleigh Backscatter	Rayleigh Backscatter coefficient	-82	dB/m

treatment of the equations and does not harm the main objective of our analysis, which is to determine the overall evolution of the back-scattered signal.

From that point  $(z_0)$ , the backscattered signal has to travel back to the detector, and therefore should also experience fiber losses and Raman gain. The evolution of the power of the  $\phi$ OTDR signal correspondent to  $z_0$  along the fiber can be obtained solving the equation:

$$\frac{dP_S^{z_0}(z)}{dz} = +\alpha_P P_S^{z_0}(z) - g_R P_S^{z_0}(z) \cdot [P_R^+(z) + P_R^-(z)].$$

Considering the previous equations, we can now establish the evolution of the backscattered  $\phi$ OTDR signal correspondent to  $z_0$  for any position  $z < z_0$ . The evolution of the backscattered power will be given by

$$P_S^{z_0}(z \le z_0) = P_S^{z_0}(z_0)e^{\alpha_P(z-z_0)} \exp\left\{-\frac{g_R}{\alpha_R}P_R^-(L)\right\}$$

$$\times \left[e^{\alpha_R(z-L)} - e^{\alpha_R(z_0-L)}\right]$$

$$+ \frac{g_R}{\alpha_R}P_R^+(0)\left[e^{-\alpha_R z} - e^{-\alpha_R z_0}\right]. \tag{8}$$

At the detection point (input of the fiber), the  $\phi$ OTDR signal correspondent to  $z_0$  ( $P_S^{z=0}(0)$ ) will be

$$P_S^{z_0}(0) = \frac{P_P(z_0)}{P_P(0)} P_S^{z_0}(z_0) = \frac{P_P(z_0)^2}{P_P(0)} \alpha_{\text{RayleighBackscatter}}.$$
(9)

The values of the parameters used in the theoretical modeling are presented in Table I.

III. EXPERIMENTAL SETUP AND CHARACTERIZATION OF THE  $\phi$ OTDR Assisted by First-order Raman Amplification

### A. Setup

The experimental setup used to characterize the  $\phi$ OTDR assisted by first-order Raman amplification is shown in Fig. 1. A laser diode (LD) with a linewidth of 1.6 MHz emitting at 1548 nm was used as the master source. The used LD presents a high enough coherence for the experiment (LD coherence length

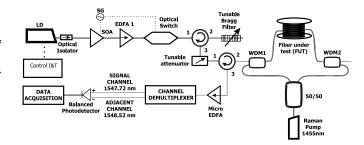


Fig. 1. Experimental setup: Acronyms are explained in the text.

 $\approx 50$  m while the pulse length in the fiber is  $\approx 20$  m) but not too high, thus minimizing the generation of coherent noise due to the continuous leakage outside the pulses [5]. Also, it allows maintaining the simplicity of the scheme (the LD is driven by a standard current and temperature controller) and not presenting the technological challenges typically presented by lasers with sub-megahertz linewidths. An optical isolator was placed at the laser output to avoid disturbances in the laser coherence due to back-reflections.

An SOA, with rise/fall times in the order of 2.5 ns, driven by a waveform signal generator (SG) was used to create 100 ns almost square pulses. Between the signal pulses, the SOA was negatively biased so as to enhance the ER of the delivered pulses. An ER of >50 dB was achieved this way. An erbiumdoped fiber amplifier (EDFA) was used to boost the power of the  $\phi$ OTDR input pulses and reach peak powers in the pulse of several hundred milliwatts. In order to minimize the effect of the ASE added by the EDFA, we inserted a tunable fiber Bragg grating (FBG) working in reflection. The spectral profile of the FBG is the typical spectrum of a 100% reflection FBG and its spectral width is 0.8 nm. For the used settings, the leaked ASE power is below the leaked power of the master signal and therefore the ER decrease is not significant after the EDFA + FBG [22]. In addition to the FBG, an optical switch with rise/fall times of 200 ns and a typical ER of 25 dB was used after the EDFA. It was driven so as to have a sub-microsecond transmission window synchronized with the pulse. This system allows to further increase the ER, reducing the noise delivered into the fiber outside the pulse. As shown before [5], the ER has a very high impact on the SNR of the detected trace in normal  $\phi$ OTDR operation. After that, light passed through an attenuator, which allowed varying the input pulse power in the fiber.

The fiber under test (110 km of SMF-28) (FUT), is connected to the common ports of two WDMs (1450/1550 nm) which had an isolation >60 dB in the pass channel. The input pulse is launched into the FUT through the 1550 nm port of the WDM1. The Raman pump is a CW Raman Fiber Laser (RFL) emitting at 1455 nm with a RIN <-110 dBc/Hz. The power of this laser can be tuned up to 2 W. The RFL beam is divided by a calibrated 50/50 coupler in two beams and each beam is then coupled into the 1450 nm ports of the WDMs.

The signal back-reflected from the fiber is amplified (using a micro-EDFA) and then goes through a 100 GHz channel

demultiplexer which filters out the channel of the signal (centered at 1547.72 nm) and an adjacent channel (centered at 1548.52 nm), thus filtering out the ASE added by the micro-EDFA. The signal channel and the adjacent channel are then respectively coupled to the "+" and "-" port of a p-i-n balanced photodetector with amplification and 100 MHz bandwidth. In this case the "+" port will receive the sum of signal and noise with a bandwidth of 100 GHz and the "-" port will receive the noise of an adjacent channel with the same bandwidth. Since the optical paths leading to the "+" and "-" ports are the same, a maximum cancelation of the RIN is ensured. The detector's bandwidth should ideally be much larger than the pulse spectral bandwidth, since the  $\phi$ OTDR traces exhibit high-contrast rapid oscillations. In our case the detector has a bandwidth roughly ten times higher than the pulse spectral bandwidth which is enough to adequately represent the process. The signal was then recorded using a high-speed digitizer.

## B. Noise Considerations

It has been demonstrated that the noise suppression between the  $\phi$ OTDR pulses in these types of systems is very important since it reduces the intra-band coherent noise of the setup. In the conventional settings, the use of an SOA allows achieving a high ER (>50 dB) and enhances the spectral purity of the laser spectrum in the active state due to spectral hole burning in the active material [5].

In the present setup, an optical switch was also used in order to further increase the ER of the  $\phi$ OTDR pulses. This switch "windows" the input pulses and therefore avoids the leakage of a significant amount of noise between the pulses.

To illustrate the impact of the optical switch, the spectrum of the  $\phi$ OTDR pulse after the FBG with the switch "on" and "off" is presented (see Fig. 2). The effect is clearly visible as a strong reduction of the ASE noise (as much as 22.5 dB reduction) was observed. This combination of SOA and optical switch results in a  $\phi$ OTDR pulse with a very high ER and coherence, and a very low ASE noise delivered into the fiber.

Fig. 3(a) shows the spectrum reflected from the FUT (i.e., the  $\phi$ OTDR signal) before the micro-EDFA. As expected, a background noise (with the spectral power distribution similar to the Raman gain) is observed due to the ASE introduced by the Raman amplification in the FUT. Further amplification in the micro-EDFA introduces more ASE noise. Even after spectral filtering, this ASE noise is comparable to the signal level, and therefore requires some kind of elimination strategy. Moreover, the effect of RIN is strongly manifested in this ASE noise.

The use of balanced detection among two adjacent channels (one with signal + ASE noise and the other with ASE noise only) allows suppressing the strong and very noisy dc component given by Raman ASE noise. The optical spectra of the signal channel (1547.72 nm) and the adjacent channel (1548.52 nm) received in the balanced detector is shown in Fig. 3(b). As we see, the amount of ASE noise subtracted is roughly equal in both channels. Furthermore, a power fluctuation in the Raman pump laser at a given time will affect the ASE level in both these channels similarly and therefore, by using the difference

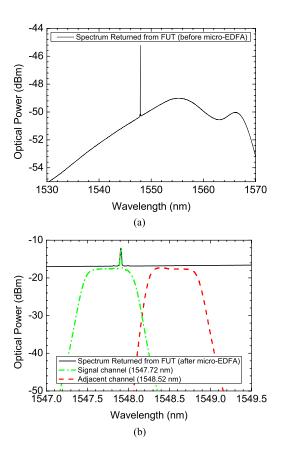


Fig. 2. Spectrum of the  $\phi_{\rm OTDR}$  input pump pulses after passing the optical switch in the "on" versus "off" state. A clear increase of the ER ( $\sim$ 22.5 dB) was observed, mainly due to the reduction of the ASE introduced by the EDFA.

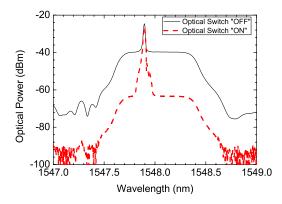


Fig. 3. (a) Optical spectrum returning from the FUT (before the micro-EDFA). (b) Optical spectrum returning from the FUT (after the micro-EDFA) and signals received in the "+" and "-" ports of the balanced detector (signal channel and adjacent channel).

between them, the effect of the RIN in the detected power along time is greatly diminished. Of course, for this noise cancellation to be efficient, the optical paths of the "+" and "-" signal in the detector have to be the same, as length mismatches are translated into a reduction of the bandwidth over which a perfect noise cancellation is achieved. For a bandwidth of 100 MHz, the detected power for each point is the average of the power which reaches the detector over  $\sim 10$  ns (i.e. average of a light pulse

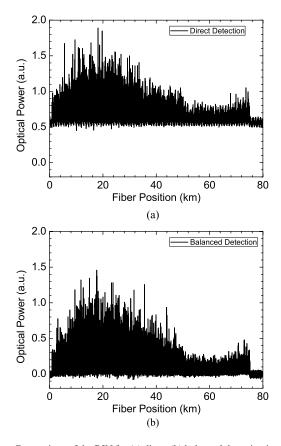


Fig. 4. Comparison of the RIN for (a) direct (b) balanced detection in a 75 km fiber span. The improvement is clearly visible as the periodical noise of the RIN is greatly reduced using balanced detection.

that covers  $\sim$ 2 meters of fiber) and therefore we can assure that noise cancellation will be effective with tolerances in the order of 1 cm in the optical paths of the "+" and "-" signal.

To illustrate the evidence of the improvement of balanced detection in comparison with direct detection, the two are compared in a situation in which the RIN is very high and its effects are noticeable (even in the time domain) in a 75 km fiber span (see Fig. 4). Fig. 4(a) shows the trace detected employing conventional detection and Fig. 4(b) shows the trace detected with our balanced scheme. The improvement is clearly visible as the periodical noise of the RIN shown using direct detection see Fig. 4(a) is greatly reduced using balanced detection see Fig. 4(b). Also, as expected, the dc component of the trace is eliminated.

In order to characterize the RIN transferred from the Raman pumps, a Raman pump power of 0.6 W was launched on each end of a 125 km FUT without input  $\phi$ OTDR pulse. The signal returning from the fiber was then measured (photodetector + electrical spectrum analyzer, ESA) using direct and balanced detection. Results are presented in the electrical spectrum domain (see Fig. 5). It was observed that the direct detection presents a periodical structure with peaks at 140 kHz (which are coincident with the period of  $\sim$ 700 m of the RIN observed in Fig. 4(a). This period comes from the cavity length of the RFL. Strong low frequency (<100 kHz) noise is also observed in the

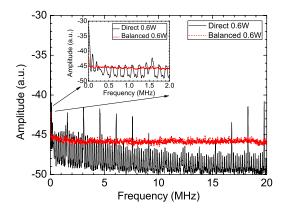


Fig. 5. RIN noise returned from 125 km FUT when a Raman pump power of 0.6 W launched on each end of the fiber without input  $\phi_{\rm OTDR}$  pump using balanced and direct detection. The direct detection presents a clear mode structure while the balanced detection only white noise is observed.

direct detection, which would greatly affect the comparison of equivalent points from different traces and therefore the vibration measurements. Using balanced detection only white noise is observed, proving the usefulness of this approach.

# IV. $\phi$ OTDR TRACES

## A. $\phi OTDR$ Traces

Fig. 6 shows the  $\phi$ OTDR traces recorded for fiber spans of 110 km see Fig. 6(a) and 125 km see Fig. 6(b). As expected, the trace displays random oscillations and its amplitude varies with the  $\phi$ OTDR pulse power evolution along the fiber. In both cases, the Raman pump power launched on each end of the fiber was 0.6 W (the same power which was used for the RIN characterization). As for the input  $\phi$ OTDR pulse peak power estimated to be below 10 mW for both Fig. 4(a) and Fig. 4(b), it was chosen so as to ensure the best performance along all points of the fiber, i.e., the highest possible power before the appearance of nonlinearities (mainly MI, which leads to a fast decrease of the visibility) [7].

As it is clearly visible in Fig. 6(a), a considerable decrease of the amplitude of the trace oscillations at  $\approx 98$  km is observed. The same amplitude of oscillations decrease occurs at the same point in Fig. 6(b). This occurs due to a connector loss at this point (estimated in 3 dB). It is important to mention that the point where the measurements were performed was immediately after the connector loss. Therefore, if the fiber was spliced in that point, this amplitude drop of the trace oscillations would not occur and better results could be obtained. However, as the vibrations were clearly measured, this loss was kept so as to prove the efficiency of our setup even in deteriorated conditions. It essentially proves that reliable vibration measurements can be performed well beyond the range of 100 km using this scheme.

The evolution of the Raman pump power and the  $\phi$ OTDR pulse power given by the theoretical model (which includes the 3 dB loss due to the connector at  $\sim$ 98 km) is also presented and shown to have a good agreement with the experimental results. Although small differences can be expected for several reasons

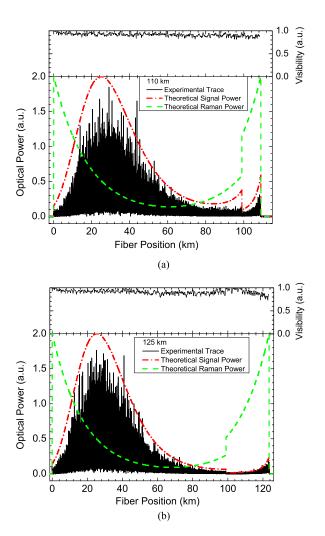


Fig. 6.  $\phi_{\rm OTDR}$  interference signal along the FUT of (a) 110 km and (b) 125 km. The Raman pump power launched on each end of the fiber was 0.6 W and the  $\phi_{\rm OTDR}$  pump power was chosen as the one ensuring the best performance in both cases. The theoretical modeling of the Raman pump power and  $\phi_{\rm OTDR}$  pump power along the FUT is also presented. The top figure shows the visibility of the interference signal, computed as  $V=(T_{m\,a\,x}-T_{m\,in})/(T_{m\,a\,x}+T_{m\,in})$ , where  $T_{m\,a\,x}$  and  $T_{m\,in}$  are the maximum and minimum values of the trace over a window of 500 m.

(the fiber may present small inhomogeneities along the distance, some of the parameters in table I may show small errors) the evolution of the amplitude of the trace oscillations are shown to be coincident with the  $\phi$ OTDR pulse power evolution along the fiber and the Raman pump power evolution is as qualitatively expected. The top figures show the visibility of the  $\phi$ OTDR interference signal along the fiber, calculated as indicated in the figure caption. Despite the fact that the amplitude of the oscillations and average reflected power present large variations along the fiber, the variations of the contrast of the interference are much lower (the visibility remains close to 1). Since the visibility of the  $\phi$ OTDR trace is not altered along the fiber, we can conclude that reliable vibration measurements can be performed at any position along the fiber if we can ensure that we can do vibration measurements in the position of worst signal level (around km 100 in both cases). Thus, our vibration measurement tests are done in this position.

Although only bi-directional Raman amplification is shown in this article, the co-propagating and counter-propagating Raman amplification configurations were also tested and observed to perform worse. The reason for this is that larger signal variations are obtained with these configurations. The bi-directional configuration ensures the minimum variation of signal power along the fiber, and therefore the best possible performance.

## B. Evolution of the Optical trace with the Raman Pump Power

The evolution of the trace profile for increasing Raman pump powers (0.6, 0.9, 1.2 and 1.5 W of total Raman input power, inserted half on each side) using a FUT of 110 km is shown in Fig. 7. Again, the input  $\phi$ OTDR pulse power was adjusted for each Raman pump power to achieve the best possible performance while avoiding nonlinearities. Thus, for increasing Raman pump powers, the input  $\phi$ OTDR pulse power was decreased. It was observed that for Raman pump powers higher than 1.2 W (0.6 W on each side) the point with the lowest amplitude of trace oscillations was at the beginning of the fiber. This high pumping level is nevertheless, not used in practice, as the Raman noise is too large for performing reliable vibration measurements.

In agreement with equation (5), it can be seen that for increasing Raman pump powers the maximum of the input  $\phi$ OTDR pulse power (when the Raman gain equals the fiber losses) occurs further into the fiber. This is the point in which Raman gain and linear fiber loss are equal. This condition will occur always for a certain level of Raman pump power, so for higher input Raman powers, this maximum comes obviously further inside the fiber.

### V. VIBRATION MEASUREMENTS

Vibration measurements were carried out in a similar manner to the methodology described in [5]. For each point along the fiber, the optical power evolution as a function of time was obtained by measuring the equivalent point in consecutive traces and plotting the signal levels recorded for that point along the time. The sampling frequency at each position will therefore be the frequency at which the  $\phi$ OTDR pulses are launched into the fiber, which is limited by the fiber length to be monitored.

Two FUT lengths were tested: 110 km and 125 km. These consisted of two fiber spools of 50 km and one fiber spool of 10/25 km of SMF-28, all linked by optical connectors. The  $\phi$ OTDR pulse repetition rate was 781/625 Hz, which limits the maximum detectable frequency to 390.5/312.5 Hz (Nyquist theorem) and the theoretical maximum fiber span to be monitored to 131/163 km.

The Raman pump power and input  $\phi$ OTDR pulse power were the same as the ones used in the traces of Fig. 6(a) and (b). The point with the lowest amplitude of the trace oscillations, which in both cases was observed to be after the connector at  $\approx$ 98 km, was placed inside a 2 m long PVC tube with 0.08 m of diameter in which mechanical vibrations of controllable frequency were applied using a small vibration exciter with a maximum bare table acceleration of 736 ms<sup>-2</sup> (with a 75 g mass attached). The

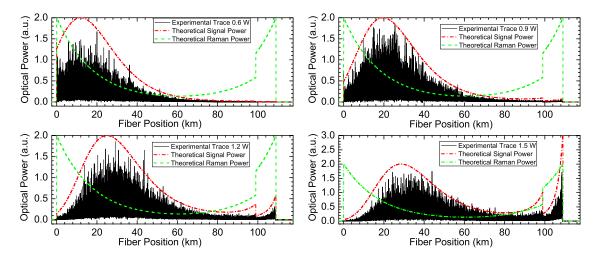


Fig. 7. Experimental and theoretical evolution of the trace profile for different Raman pump powers (total Raman input power), using an FUT of 110 km. The  $\phi_{\rm OTDR}$  pump power chosen for each Raman pump power was the one ensuring the best performance.

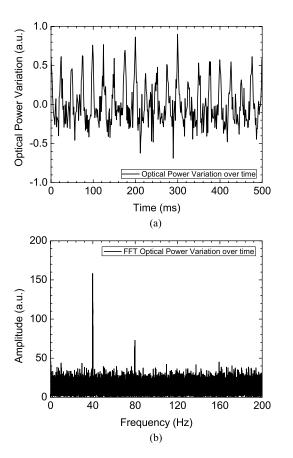


Fig. 8. (a) Optical power variation along time and (b) respective FFT of the  $\phi_{\rm OTDR}$  signal in the fiber point with the minimum amplitude of the trace oscillations (km 98) of the 110 km FUT, using the same conditions of Fig. 6(a), for an applied vibration of 40 Hz.

fiber was clamped outside the PVC tube in order to avoid the propagation of vibrations outside it.

Fig. 8(a) shows the optical power variation of the  $\phi$ OTDR signal at the point inside the PVC tube when a vibration of

40 Hz was applied to the tube. The trace is recorded using the same conditions of Fig. 6(a) (FUT = 110 km) with no post-processing. A clear pattern with peaks synchronized with the applied frequency is observed. The Fast Fourier Transform (FFT) of the optical power variation is presented in Fig. 8(b). The  $\phi$ OTDR is observed to present a nonlinear response as a clear peak appears at 40 Hz followed by a smaller peak in the second harmonic (80 Hz). The optical power variations of the  $\phi$ OTDR signal and respective FFTs of fiber points which were more than 10 m away from the PVC tube did not show sensitivity to the applied vibrations. This is in agreement with the expected resolution of 10 m (corresponding to a 100 ns pulse).

In order to test the limits of acquisition of the system, frequencies up to nearly the maximum detectable by the  $\phi$ OTDR pulse repetition rate for each FUT were applied to the PVC tube. Fig. 9 presents the FFT spectra of the optical power variation recorded by the  $\phi$ OTDR at the position of the shaker when the frequency applied to the PVC tube is raised from 10 Hz to 300 Hz using the FUT of 110 km see Fig. 9(a) and 10 Hz to 250 Hz using the FUT of 125 km see Fig. 9(b). In both cases, the measurement conditions are the same as those used in Fig. 6 for each FUT.

The recorded spectra showed clearly visible peaks in all the applied frequencies, although the amplitude of the detected frequencies was observed to have some instability. As expected, the measurements using the FUT of 110 km presented a higher SNR than when using the FUT of 125 km.

For the maximum frequencies tested, the estimated displacement of the PVC tube is in the sub-millimeter range. It is important to stress that the point where the measurements are performed is immediately after a lossy connector, in the position with lowest sensitivity of the whole trace. Also, no post-processing was used in the presented data and therefore, to some extent, the performance of the sensor could be increased with the proper data treatment for specific applications.

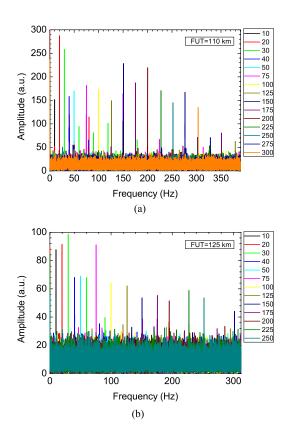


Fig. 9. FFT spectra of the optical power variation of the  $\phi_{\rm OTDR}$  signal for consecutive traces in the fiber point with minimum amplitude of the trace oscillations (after km 98) of the (a) 110 km and (b) 125 km FUT for applied frequencies between 10 Hz and (a) 300 Hz and (b) 250 Hz, using the same conditions of Fig. 6 for each FUT.

### VI. CONCLUSION

In this study, the authors present an experimental and theoretical description of the use of first-order Raman amplification to improve the performance of a  $\phi$ OTDR when used for vibration measurements. The evolution of the  $\phi$ OTDR signal along the fiber is shown to have a good agreement with the theoretical model for different Raman pump powers. The Raman amplification combined with the noise reduction provided by the use of balanced detection, an SOA and an optical switch allows to greatly increase the SNR and sensing range of the  $\phi$ OTDR. Frequency measurements close to the limits set by the time of flight of light pulses are achieved this way in a range which, to our knowledge, is the highest for  $\phi$ OTDR vibration sensing achieved so far. The sensor was able to detect vibrations of up to 250/300 Hz in a distance of 125/110 km with a resolution of 10 m and no post-processing. This sensor could be used in the monitoring of intrusions in large structures such as national borders or pipelines. The use of bi-directional Raman pumping is a clear drawback in this setup, as access to both fiber ends is required. However, unlike the case of Brillouin Optical Time Domain Analyzers, in this scheme there is no restriction in terms of having the two access points in the same place, as the Raman pumps on each side can be physically separated. In addition, depending on the application (for instance using a circular geometry to monitor the perimeter of a military base), the use of bi-directional pumping may not be at all a limitation.

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