

Enhancing PhD Experience at INESC TEC: Building a Supportive and Collaborative Community

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Why it matters:

PhD students are key drivers of research excellence but often face *isolation* and *uncertainty*. Strengthening support structures could increase *motivation, integration, and impact*.

Our proposals are:

- **Interdisciplinary Research Groups** through thematic clusters for knowledge exchange and collaboration.
- **Peer-to-Peer Program** where postdocs and early-career researchers collaborate with PhD students.
- **Skill-Building and Career Workshops** in project management, supervising and exploring after-PhD pathways.
- **Network & Community Building** through international exchanges, sustained collaborations and regular informal meet-ups